

MediExcel Health Plan: **Gold 80 HMO 250/35 INF Plan**

Coverage for: All Covered Members | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered healthcare services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to [www.mediexcel.com](http://www.mediexcel.com) or call (619) 365-4346. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <http://www.cciio.cms.gov> or call (619) 365-4346 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	\$250 Individual/ \$500 Family	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">Plan</a> begins to pay. If you have other family members on the <a href="#">Plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. <a href="#">Preventive care</a> and primary care services are covered before you meet your <a href="#">deductible</a> .	This <a href="#">Plan</a> covers items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">Plan</a> covers certain <a href="#">preventive services</a> without cost-sharing and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No.	You don't have to meet <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">Plan</a> ?	\$7,800 Individual/ \$15,600 Family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">Plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	<a href="#">Premiums</a> , balance billing, and health care this <a href="#">Plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.mediexcel.com">www.mediexcel.com</a> or call (619) 365-4346 for a list of <a href="#">network providers</a> .	This <a href="#">Plan</a> uses a provider <a href="#">network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	Yes.	This <a href="#">Plan</a> will pay some or all of the costs to see a <a href="#">specialist</a> for covered services but only if you have a <a href="#">referral</a> before you see the <a href="#">specialist</a> .



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	\$35 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	Not covered	None.
	<a href="#">Specialist</a> visit	\$55 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	Not covered	None.
	<a href="#">Preventive care/screening/</a> Immunization	No charge: <a href="#">deductible</a> does not apply	Not covered	You may have to pay for non- <a href="#">preventive</a> services. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	\$55 <a href="#">copay</a> /X-ray; <a href="#">deductible</a> does not apply \$35 <a href="#">copay</a> /blood work; <a href="#">deductible</a> does not apply	Not covered	<a href="#">Preauthorization</a> is required for CT/PET scans, MRIs. Failure to obtain <a href="#">preauthorization</a> may result in non-payment of services.
	Imaging (CT/PET scans, MRIs)	\$250 <a href="#">copay</a> /visit	Not covered	
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> available at <a href="http://www.mediexcel.com">www.mediexcel.com</a>	Tier 1 Drugs (most generic drugs and low-cost preferred brands)	\$15 <a href="#">copay</a> /prescription drug; <a href="#">deductible</a> does not apply	Not covered	Covers up to a 30-day supply for retail. Certain drugs may be covered at a different cost share in accordance with formulary guidelines. Oral anticancer drugs shall not exceed \$250 per month. The Plan does not offer mail order delivery service for prescription drugs.
	Tier 2 Drugs (most non-preferred generic drugs and preferred brand drugs)	\$40 <a href="#">copay</a> /prescription drug; <a href="#">deductible</a> does not apply	Not covered	
	Tier 3 Drugs (most non-preferred brand drugs)	\$70 <a href="#">copay</a> /prescription drug; <a href="#">deductible</a> does not apply	Not covered	
	Tier 4 Drugs (limited to specialty pharmacy and <a href="#">specialty drugs</a> requiring self-administration training and clinical monitoring; Plan cost greater than \$600)	20% <a href="#">coinsurance</a> up to \$250 per prescription drug; <a href="#">deductible</a> does not apply	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$300 <a href="#">copay</a> /visit	Not covered	<a href="#">Preauthorization</a> is required for outpatient surgery. Failure to obtain <a href="#">preauthorization</a> may result in non-payment of services.
	Physician/surgeon fees	\$35 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	Not covered	None.
If you need immediate medical attention	<a href="#">Emergency room care</a>	\$250 <a href="#">copay</a> /visit	\$250 <a href="#">copay</a> /visit	Waived if admitted.
	<a href="#">Emergency medical transportation</a>	\$250 <a href="#">copay</a>	\$250 <a href="#">copay</a>	None.
	<a href="#">Urgent care</a>	\$35 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	\$35 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	Non-Plan providers covered when outside the service area
If you have a hospital stay	Facility fee (e.g., hospital room)	\$600 <a href="#">copay</a> /day, up to 5 days	Not covered	<a href="#">Preauthorization</a> is required for non-emergency hospital stays. Failure to obtain <a href="#">preauthorization</a> may result in non-payment of services.

[\*For more information about limitations and exceptions, see the [Plan](#) or policy document at [www.mediexcel.com](http://www.mediexcel.com).]

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Physician/surgeon fees	No charge: <a href="#">deductible</a> does not apply	Not covered	None.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$35 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	Not covered	None.
	Inpatient services	Physician/ Surgeon fee: No charge Facility fee: \$600 <a href="#">copay</a> /day, up to 5 days	Not covered	<a href="#">Preauthorization</a> is required for non-emergency hospital stays. Failure to obtain <a href="#">preauthorization</a> may result in non-payment of services.
If you are pregnant	Office visits	No charge, <a href="#">deductible</a> does not apply	Not covered	For prenatal and post-natal service visits only. These have no <a href="#">cost-sharing</a> as they are considered <a href="#">preventive care</a> services.
	Childbirth/delivery professional services	No charge: <a href="#">deductible</a> does not apply	Not covered	
	Childbirth/delivery facility services	\$600 <a href="#">copay</a> /day, up to 5 days	Not covered	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	\$30 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	Not covered	Post-operative home health care only.
	<a href="#">Rehabilitation services</a>	\$35 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	Not covered	None.
	<a href="#">Habilitation services</a>	\$35 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	Not covered	
	<a href="#">Skilled nursing care</a>	\$300 <a href="#">copay</a> /day up to 5 days	Not covered	None.
	<a href="#">Durable medical equipment</a>	20% <a href="#">coinsurance</a> per item; <a href="#">deductible</a> does not apply	Not covered	<a href="#">Preauthorization</a> is required for durable medical equipment. Failure to obtain <a href="#">preauthorization</a> may result in non-payment of services.
	<a href="#">Hospice services</a>	No charge: <a href="#">deductible</a> does not apply	Not covered	<a href="#">Preauthorization</a> is required for hospice services. Failure to obtain <a href="#">preauthorization</a> may result in non-payment of services.
If your child needs dental or eye care	Children's eye exam	No charge: <a href="#">deductible</a> does not apply	Not covered	None.
	Children's glasses	No charge: <a href="#">deductible</a> does not apply	Not covered	1 pair per year; up to age 19. Contact lenses are covered in lieu of glasses.
	Children's dental check-up	No charge: <a href="#">deductible</a> does not apply	Not covered	Limited to dental treatment plan and prophylaxis (cleaning) every 6 months, up to age 19.

### Excluded Services & Other Covered Services:

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">Plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)		
<ul style="list-style-type: none"><li>• Chiropractic care</li><li>• Cosmetic surgery</li><li>• Adult dental care treatment</li></ul>	<ul style="list-style-type: none"><li>• Hearing aids</li><li>• Long term care</li><li>• Non-emergency care when in the U.S.</li></ul>	<ul style="list-style-type: none"><li>• Private duty nursing</li><li>• Routine foot care</li><li>• Services that are not <u>medically necessary</u></li></ul>
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">Plan</a> document.)		
<ul style="list-style-type: none"><li>• Acupuncture (if prescribed for rehabilitation purposes)</li><li>• Bariatric surgery</li></ul>	<ul style="list-style-type: none"><li>• Infertility treatment</li></ul>	<ul style="list-style-type: none"><li>• Weight loss programs</li></ul>

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the California Department of Managed Health Care at 1-888-466-2219 or [www.dmhc.ca.gov](http://www.dmhc.ca.gov), the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.coveredca.com](http://www.coveredca.com) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: (619) 365-4346. Additionally, a consumer assistance program can help you file your appeal. Contact the California Department of Managed Health Care at 1-888-466-2219 or [www.dmhc.ca.gov](http://www.dmhc.ca.gov).

### Does this Plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

### Does this Plan meet the Minimum Value Standards? Yes.

If your [Plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llama al (619) 365-4346.

—————To see examples of how this [Plan](#) might cover costs for a sample medical situation, see the next section.—————

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [Plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [Plan](#). Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">Plan's</a> overall <a href="#">deductible</a>	\$250
■ <a href="#">Specialist copayment</a>	\$55
■ Hospital (facility) <a href="#">copayment</a>	\$600 per day
■ Other <a href="#">coinsurance</a>	20%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,800</b>
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In this example, Peg would pay:

Cost Sharing	
<a href="#">Deductibles*</a>	\$250
<a href="#">Copayments</a>	\$976
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$1,286</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">Plan's</a> overall <a href="#">deductible</a>	\$250
■ <a href="#">Specialist copayment</a>	\$55
■ Hospital (facility) <a href="#">copayment</a>	\$300/visit
■ Other <a href="#">coinsurance</a>	20%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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In this example, Joe would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$0
<a href="#">Copayments</a>	\$20
<a href="#">Coinsurance</a>	\$100
What isn't covered	
Limits or exclusions	\$55
<b>The total Joe would pay is</b>	<b>\$175</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">Plan's</a> overall <a href="#">deductible</a>	\$250
■ <a href="#">Specialist copayment</a>	\$55
■ Hospital (facility) <a href="#">copayment</a>	\$250/visit
■ Other <a href="#">coinsurance</a>	20%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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In this example, Mia would pay:

Cost Sharing	
<a href="#">Deductibles*</a>	\$250
<a href="#">Copayments</a>	\$250
<a href="#">Coinsurance</a>	\$406
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$906</b>

Note: these numbers assume the member does not participate in the [Plan's](#) wellness program. If you participate in the [Plan's](#) wellness program, you may be able to reduce your costs. For more information, please contact MediExcel Health Plan at (619) 365-4346 or visit [www.mediexcel.com](http://www.mediexcel.com).