

 Border View Family YMCA*
3601 Arey Drive
San Diego, CA 92154
(619) 428-9622

 Cameron Family YMCA*
10123 Riverwalk Drive
Santee, CA 92071
(619) 449-9622

 Copley-Price Family YMCA*
4300 El Cajon Boulevard
San Diego, CA 92105
(619) 280-9622

 Dan McKinney Family YMCA*
8355 Cliffridge Avenue
La Jolla, CA 92037
(858) 453-3486

 Jackie Robinson Family YMCA*
151 YMCA Way
San Diego, CA 92102
(619) 264-0144

 Joe & Mary Mottino Family YMCA*
4701 Mesa Drive
Oceanside, CA 92056
(760) 758-0808

 John A. Davis Family YMCA*
8881 Dallas Street
La Mesa, CA 91942
(619) 464-9622

 Magdalena Ecke Family YMCA*
200 Saxony Road
Encinitas, CA 92024
(760) 942-9622

 McGrath Family YMCA*
12006 Campo Road
Spring Valley, CA 91978
(619) 462-9622

 Mission Valley YMCA*
5505 Friars Road
San Diego, CA 92110
(619) 298-3576

 Rancho Family YMCA*
9410 Fairgrove Lane
San Diego, CA 92129
(858) 484-8788

 South Bay Family YMCA*
1201 Paseo Magda
Chula Vista, CA 91910
(619) 421-9622

 T. Claude/Glady's B. Ryan Family YMCA*
4390 Valeta Street
San Diego, CA 92107
(619) 226-8888

 Toby Wells YMCA*
5105 Overland Avenue
San Diego, CA 92123
(858) 496-9622



You Belong at !



MediExcel and the YMCA of San Diego County want to promote health and well being to its members and their families.

Through this partnership, the YMCA will waive its **join fee** for all MediExcel members that present their **MediExcel ID - a \$60 value!**

Experience the joy of better health, and connect with the people and programming that fuel your spirit, mind and body. Visit any San Diego County YMCA to join.

- 22 locations throughout San Diego County
- 14 state-of-the-art full gym and fitness centers*
- Programs, classes and services for kids, teens and adults
- Indoor and outdoor pools, spas and splash pads
- Group fitness classes including Zumba, Pilates, yoga, cycling, water exercise, and more!

Remember to present your **MediExcel ID** at registration to have the join fee waived. This discount **does not** apply to the monthly membership dues of the YMCA. For more information, call **(619) 421-1659** option **3**, or email marketing@mediexcel.com.

